

Transition Activity Week 10

We are sure that both you and your child will have some feelings of anxiety and trepidation about the forthcoming change. It is completely understandable and natural to have these feelings, so please do not worry! Try to be as calm and hide any of your personal anxieties from your children as they may pick up on these. Encourage your child to verbalise their worries (if any!) as we are sure that they can be easily eased! Positivity is key!!

Over the summer holidays, revisit the following:-

- Continue to chat about thoughts/feelings about moving to their new school. Be led by their discussions as well as ‘dropping’ things into conversations. Do they want to share their transition book? If your child has been at school, their transition books/information will come home. Chat about the activities/tasks that they have completed – which ones did they find the most/least interesting/useful/informative?
- Do they have any further thoughts/opinions/questions?
- What is your child now doing independently that they didn’t or couldn’t do before? What can they further do? Are they confident with tying their tie? Shoe laces?
- Check through the list of uniform/equipment your child needs – your son/daughter may want to help you to feel involved with the process
- Are you reminding your son/daughter about red/green questions? Decide if they are asking you questions that they should be able to problem solve. Encourage and reassure that they **are** able to find most solutions themselves!
- How will your son/daughter be travelling to school? Have you practised their journey? Depending on government guidance – can you make the bus/train journey together? Have you downloaded the Arriva app on both yours and their device? Ask them questions about what they would do.... If the bus is late? If you lose your bus pass? (hopefully you will have been able to apply for this now)
- Summer holidays are a time to relax and recharge, but towards the end, nearing the time to return to school, try to introduce regular sleep patterns with bed and waking up times. This will help your son/daughter to ease back into school day routines.
- Remember to stay positive about the exciting new challenges that lay ahead.

We wish you all the very best with this exciting new chapter in your child’s life!



Literacy

SPAG

Maths

Monday

Tomorrow is our Year 6 Sports Day.

Today we would like you design a flag or a banner to wave at Sports Day. We would also like you to design and create a 'runners number' to wear on the front of your sports kit.

Make it bright, colourful and eye catching so it can be seen from the finish line!



Challenge: Create a chant or a rhyme to cheer your teammates on!

Tuesday

Today is our Year 6 Sports Day. We're looking forward to having you all back into school for a fun and exciting event!

See you at the front gate promptly at 11am. Parents, please collect from the front gate at 1:30pm. Please wear exercise appropriate clothing and bring a water bottle, a bag (to carry old books and belongings) and a positive, enthusiastic attitude!



Today will also be an opportunity for you to collect or purchase your Leaver's Books and Hoodies.