

PSHE Citizenship

Appropriate Contact

Teacher Taught

Let's listen to a story

What went wrong in the story?

How do you think the children in the story feel?

Story 2

It is Wednesday afternoon in St Joseph's School and Mr Baker has been teaching his class science. The children have really enjoyed finding out about how plants grow. After playtime Mr Baker says they are going to do PSHE. Some of the children are excited and some are a bit worried because they know this lesson can include talking about themselves.

The children come in after playtime and sit on the carpet and Mr Baker reads them a story about food. After the story he asks the children about what they had for their tea last night. Antonia talks about her tea, Ben talks about his tea and Callum talks about his but as he does, some of the children giggle because he had something they would never have. Mr Baker asks the children to go and draw pictures of their favourite tea. Some of the children start to make comments about Callum's picture and the food he likes.

Once the children have finished their pictures Mr Baker asks them to come back to the carpet and talk about what they have drawn. Duncan says he has drawn his favourite food but he doesn't eat it very often because his mum and dad can't afford it. A few children laugh at this and say everyone can afford that.

Mr Baker then asks the children to think of a food that is healthy. The children all come up with ideas. Then Eliza asks if chocolate is healthy. Franco says she must know the answer to that as everyone knows that. As the children leave the classroom Duncan hears some of the children telling children in year 2 that his parents can't afford to buy food. This makes Duncan very sad.

I hope the things that went wrong in the story will not happen in our class.

Let's make rules to make sure.



hope

Rules

- ✓ Respecting other people's ideas.
- ✓ There are no silly questions.
- ✓ We don't share stories or information that is shared- unless someone is unsafe. Even Teachers don't keep secrets if someone is unsafe.
- ✓ That we are all different and that is fine.
- ✓ Everybody is different.

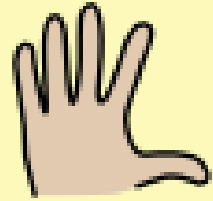
I will know...

- I understand that some types of physical contact are never appropriate.
- I understand that some types of physical contact are appropriate.

Vocabulary



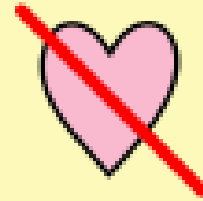
physical



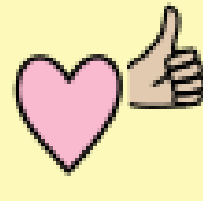
contact



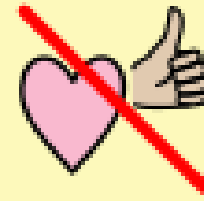
like



dislike



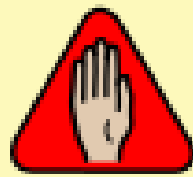
kind



unkind



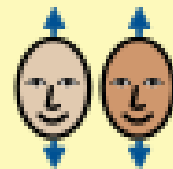
hurt



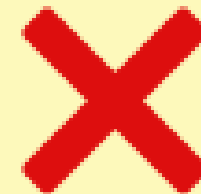
stop



permission



acceptable



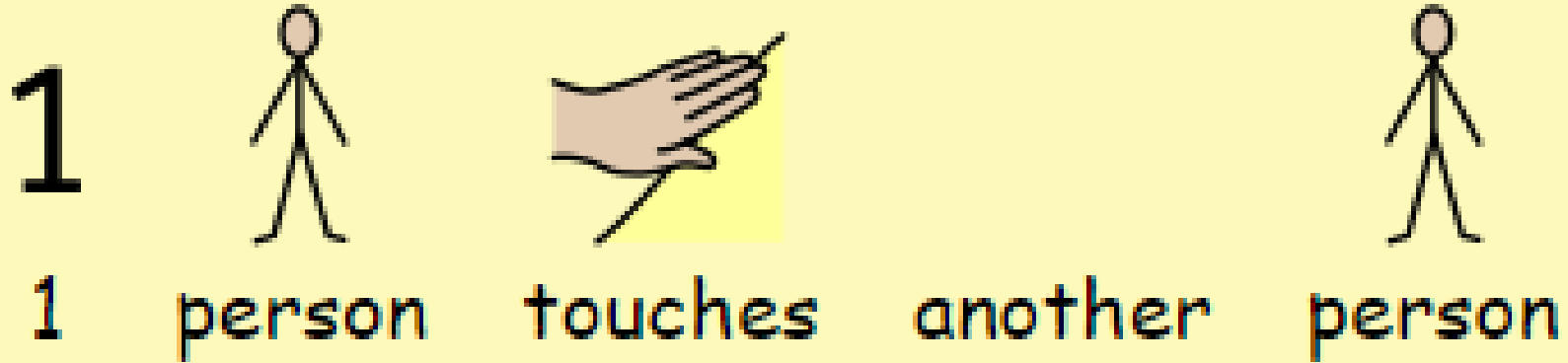
unacceptable

Starter Key Question

What is physical contact?

Have I have physical contact with someone today?

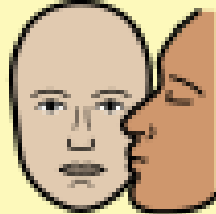
What is physical contact?



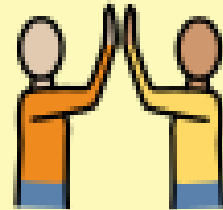
What is physical contact?



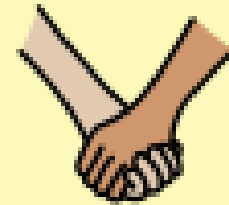
cuddle



kiss



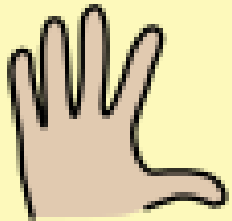
high five



holding hands



tickling



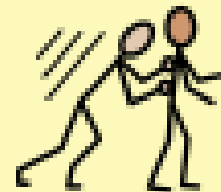
stroking



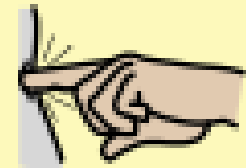
hair



shaking hands



pushing

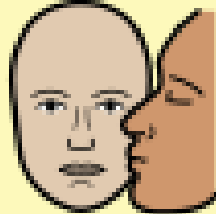


poking

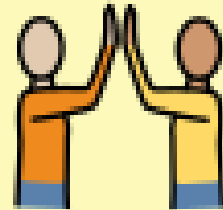
What physical contact have you had today?



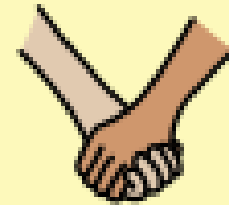
cuddle



kiss



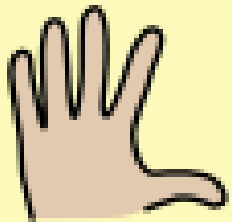
high five



holding hands



tickling



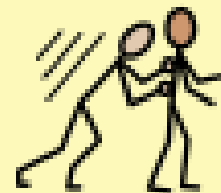
stroking



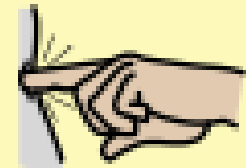
hair



shaking hands



pushing



poking

Key Questions

What physical contact do I like?

What physical contact do I like?

What kind of physical contact is never acceptable?

What should I do if I don't like the physical contact?

Draw your face in the box. Think about the physical contact you like, draw a line from the picture to your face.



holding hands



kissing



hitting



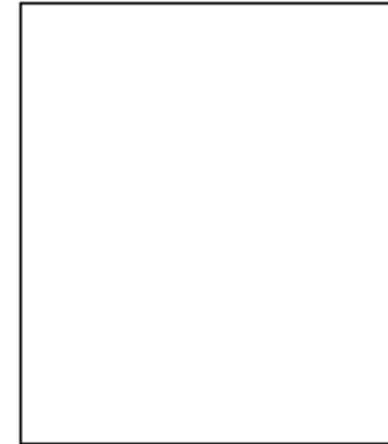
kissing



hugging



high five



poking



biting



kicking



stroking



pushing



tickling

Compare your picture with your partner

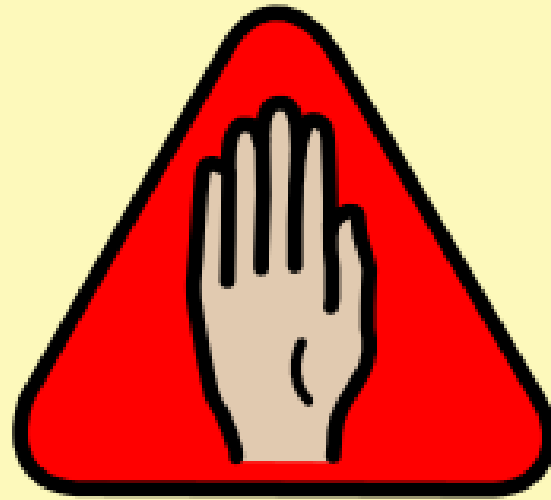
What physical contact do you both like?



What physical contact do you both not like?



What should you do to stop someone doing physical contact you don't like?



Practice this in pairs

stop

Can I change my mind?

If someone wants a hug one day that doesn't mean they want a hug the next day.



They can change their mind

Just say stop



stop



What should I do if I want to give someone a hug?

If you want to give someone a hug you can ask them first.

If they say **yes** then you can.

T Model with puppets

Can I give you a hug?

Yes

((hug))

Can I give you a hug?

No

That's ok.



There are some types of physical contact that no one likes and are unacceptable.

What might these be?

Make a list: e.g. Hitting, smacking, biting, hair-pulling and pushing, touching private parts).

Why don't people like these kinds of physical contact?



hurt




unkind




feel bad

Let's look at some pictures of physical contact and decide if they are:

usually acceptable (ok) 

sometimes acceptable (sometimes ok) 

never acceptable (not ok) 



Physical contact

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Google Slides

<https://www.kapowprimary.com/subjects/rse-pshe/key-stage-1/year-1/rse-pshe-ks1-y1-safety-and-the-changing-body/lesson-5-appropriate-contact-2/>
login in the notes

What makes physical contact never acceptable or only sometimes acceptable?

the children don't want to receive physical contact from that particular person or they don't like the type of physical contact

You should never use unacceptable physical contact and that if someone does something to you that you don't like, you should tell them to stop.

Stop! I don't like that."

"No! That hurts me."

"No! I don't like you touching me like that."

If you are the person being told to stop, you should listen and respect their wishes. You should not carry on with that behaviour.

If something is happening to them that they don't like from another child or from an adult they should always talk to an adult they trust and report the problem.

Who are adults we can trust? (discuss/list)

Can you make a list in your book.