

Family Liaison Officer News



Greet your child with a smile, not a mobile

What does your child see when they come out of school?

Children love to have their parent's undivided attention, to talk about their school day or ask questions about the

world. Two really good times to give them this opportunity is on the walk to and from school or at meal times. So here's your challenge for October during those two times slots put your phone away and listen to your children. Let them know that they are more important than any phone call, that you have missed them and want to know what they've been doing. If you lay a good foundation of listening you will reap the rewards not only with better behaviour now but also when your children reach their teenage years!

Now that it's October, it's time for the first **F.L.O. Newsletter** of this academic year. I use this monthly newsletter to inform parents of fun, interesting or helpful things going on in the local area, as well as certain school-based news.

Look out for tips relating to financial help, parenting support, activities for children with Special Needs, support and training sessions for parents and so on. If there is anything in particular you would like to see on this newsletter, please let me know—my contact details are shown below.



Contact FLO

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What's on:

Wednesday mornings in term time, 10.30am to 12 noon—PARENTS'

COFFEE MORNING: A chance to meet other parents and chat about parenting issues. If you don't like the idea of a formal parenting course this could be for you! Run by the staff of the Princess Project and held at **Christ Church, Wallis Avenue, Park Wood.**

Tuesday 11th October 9.30 to 11.30am: WEALD PARENT SUPPORT

GROUP: Coffee and chat time for parents of children with special needs and disabilities. Held at **Cranbrook Out of School Club, Carriers Road, TN17 3JZ**

Sunday 30th October at 11.30am: TROLLS - Autism-friendly film screening at the local **Odeon cinemas.** The film is shown with the volume reduced, the lights on low and a relaxed atmosphere. Children may move around and may take their own food and drink.

From 2nd November, 9.30 to 11.30am: NUMBER SACKS: A seven week course to prepare you to help your pre-school or Key Stage 1 child understand maths. To be held at **Cranbrook Children's Centre.** Crèche available. To book a place call 03000 411 035

School Health Team drop– in for Parents :

Wednesday 16th November 2.45pm

Every year all the children in Year R and Year 6 have their height and weight checked as part of the National Childhood Measurement Programme. In order to support the programme NHS staff will be coming into school to run a number of

sessions. Three year groups will have educational talks, looking at good foods, healthy lifestyle and body image. There will also be a drop-in session for parents on Wednesday 16th November, at which Lucy Peaper from the School Health Team will be available to talk to parents about keeping your children healthy. Please come along between 2.45 and 3.30pm if you have concerns about your child's faddy diet, weight, portion sizes or anything else related to healthy eating.

